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Nonsuicidal Self-Injury in College Populations: Mental Health Provider Assessment of Prevalence and Need

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Concern about the prevalence of nonsuicidal self-injury is widespread. Members of an electronic listserv for college counseling center directors nationwide were invited to participate in a Web survey to investigate provider experience with nonsuicidal self-injury; 290 surveys were analyzed. Most respondents perceived recent increases in nonsuicidal self-injury and lack of effective treatment knowledge. Most favored dialectical behavior therapy...

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Suicidal Self-Injury in College Populations: Mental Health Provider Assessment of Prevalence and Need.

Authors: Whitlock, Janis, jlw43@cornell.edu
Eells, Greg
Cummings, Nina
Purington, Amanda


Abstract: Concern about the prevalence of nonsuicidal self-injury is widespread. Members of an electronic listserv for college counseling center directors nationwide were surveyed regarding nonsuicidal self-injury; 290 surveys were analyzed. Most respondents perceived recent increases in nonsuicidal self-injury and lack of effective treatment knowledge found treatment effective. Implications for treatment and prevention in college settings are discussed. [ABSTRACT FROM AUTHOR]

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Mental Health Provider Assessment of Prevalence and Need

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